

2025 Special Olympics North Carolina Summer Games

May 30-June 1 – Raleigh, Cary and Holly Springs

EVENT SCHEDULE

Friday, May 30

10 a.m. - 12 p.m.	Law Enforcement Torch Run for SONC Final Leg	NCSU's Carter Finley Stadium to the State Capitol
7:30 – 8:45 p.m.	Opening Ceremony	N.C. State Reynolds Coliseum

Saturday, May 31

8:30 a.m. – 3 p.m.	Gymnastics	Sonshine Gymnastics
9 a.m. – 3:30 p.m.	Basketball Team	N.C. State Carmichael Gym
9 a.m. – 4 p.m.	Athletics Swimming Volleyball	St. Augustine's University Triangle Aquatic Center Triangle Volleyball
9 a.m. – 3 p.m.	Powerlifting	N.C. State Carmichael Gym
9:30 a.m. – 2 p.m.	Bowling - Doubles/Team	Buffaloe Lanes North
9:30 a.m. – 2:30 p.m.	Bowling - Singles	Buffaloe Lanes Cary
10 a.m. – 2:30 p.m.	Basketball Skills	N.C. State Carmichael Gym

Sunday, June 1

9 a.m. – 1:30 p.m.	Volleyball	Triangle Volleyball
9 a.m. – 2 p.m.	Basketball Team	N.C. State Carmichael Gym
9 a.m. – 2:30 p.m.	Powerlifting	N.C. State Carmichael Gym
9 a.m. – 3 p.m.	Swimming	Triangle Aquatic Center
9:30 a.m. – 3 p.m.	Bowling - Doubles/Team Bowling - Singles	Buffaloe Lanes North Buffaloe Lanes Cary



Special Olympics NC Summer Games Facts

More than 1,400 adults and children with intellectual disabilities from across the state will compete in seven sports.

More than 1,000 volunteers are needed for the weekend.

All events are open and free to spectators to join us!

Awards ceremonies are held throughout the event at various venues. Timing depends on the sport.

Come cheer for the athletes as they compete!

General volunteer and event information: www.sonc.net

